

**WEEK 5: THE FINAL DAYS: The Moment of Surrender****Day 29: Called to Holiness** (pgs. 181 -184 )**What was Fr William Holt's Holy Moment story?** A dying little girl's final moments of joy**When the story went viral, what was the overall conclusion of the many comments received?**If all the religious people they knew who claimed to love Jesus, had created more Holy Moments, these people would still be going to church**Is Holiness possible?** YES! We are all called to Holiness by GOD.**How can we begin our journey to holiness?** By collaborating with GOD to live calm and holy lives in the midst of a chaotic world**NOTE:** "I can do all thing through Christ who strengthens me." (Philippians 4:13); "For it is in Him that we live and move and have our being.," (ACTS 17:28)**LESSON:** There are many ways to share the love of GOD with the people who enter our lives.**VIRTUE:** *Enthusiasm:* To live our lives vigorously; to avoid spiritual laziness by neglecting tasks**PRAYER:** Dear Jesus, please help me to see you in others with YOUR heart and seek holiness wherever you lead me.**TRUST-SURRENDER-BELIEVE-RECEIVE****Day 30: Holy Moments** (pgs. 185 - 190)*"This is the will of GOD, that you be holy." (1 Thessalians 4:3)***Have you ever had a life defining Moment where you had to choose between a HOLY or UNHOLY direction?** The answers will vary**How can you change your life to make sense?** By discovering the difference between holy moments and unholy moments**What has secular society exiled?** The culture has exiled GOD, religion, and spirituality, leaving life more meaningless.**What do Holy Moments help us in our lives?** It is like a divine injection into every moment of our lives and is crucial to our health and happiness; it solves the meaninglessness of our lives**What is the definition of a Holy Moment?** A Holy Moment is a single moment in which you open yourself to GOD; You make yourself available to Him. You set aside personal preference and self-interest, and for one moment you do what you prayerfully believe GOD is calling you to do; a collaboration with GOD**What do I need to begin creating Holy Moments?** Nothing except collaborate with GOD in your life**What does all life come down to?** The moments you make a decision to create Holy Moments every day; life is about choices and choosing wisely every day.**Is there a limit to creating Holy Moments?** No**What is the wisdom that Holy Moments teaches us?** Ho to become a great decision maker.**What must I do before making a decision?** Consult your future self; choices have consequences and decision-making shapes our lives; a powerful force in our lives; choices have power**How do you live out this consecration for the rest of your life?** One Holy Moment at a time**QUESTION:** What are you going to do with the rest of your life? More of the same? OR are you ready to do something about the nagging dissatisfaction in your soul?**LESSON:** Fill your life with Holy Moments, one at a time.**VIRTUE:** *Simplicity:* Fosters a spirit of contentment, and sets your heart free to rejoice in the pursuit of holiness**PRAYER:** Dear Jesus, open my eyes, my heart, my mind and my love so that I may see as You see, Do as YOU would do, and live as YOU taught us to live**TRUST-SURRENDER-BELIEVE-RECEIVE**

**Day 31: The Way of Virtue** (pgs.191 - 196)

**What Does GOD continue to tell us to do for His Church?** To rebuild it spiritually by renewing virtue – “a habitual and firm disposition to do good.” CCC 1833

**What should we do to keep VICE from creeping into our lives?** Grow in openness to GOD’s will for our lives by continuing to seek and practice VIRTUE.

**What are some of the benefits of a world of VIRTUE?** Better people, better living, better relationships, a better world; it is the key organizing concept of all great civilizations

**What are the seven cornerstones of a moral life?** They order our passions and guide our conduct in accordance with faith and reason (CCC 1834)

Faith, Hope and Charity (supernatural virtues) – frees us from self-centeredness, protect us from the ultimate VICE of pride, and dispose us to live in relationship with GOD

Prudence, Justice, Temperance and Fortitude (cardinal virtues – the *human virtues*) – allow us to acquire the self-mastery necessary to make us free and capable of love

**Review Day 8. Who did you select as the five people you wanted to spend most of your time? Are they virtuous people?** Answers will vary.

**What should we focus on?** Focus on what is possible and new possibilities

**What are the habits of faith?** Virtues are the habit of the saints

**What did Jesus teach us about Virtue?** By practicing Virtue, we bring GOD’s grace and goodness into the world. “Virtue (Jesus) became man so that man could become Virtue.”

**How can you describe Virtue and the Eucharist?** Eucharist is a divine storehouse filled with every virtue; God has placed it in the world so that everyone may draw from it.” St Peter Eymard

**LESSON:** The more time we spend with Jesus in the Eucharist, the more abundantly we can draw virtue from the storehouse

**VIRTUE:** *Generosity: Give everywhere and in any way you can wherever you go and whomever you meet. LIVE A LIFE OF STAGGERING GENEROSITY!*

**PRAYER:** *Dear Jesus, let me be your mind, your heart, your love to every person I meet every day.*

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**Day 32: THE PRESENTATION OF JESUS** (pgs. 197 - 200)

**What are you waiting for in your life with great anticipation?** Answers will vary.

**What is the hardest for you to live with – Poverty, chastity or obedience?** Answers will vary.

**Why might we have a hard time surrendering to the will of GOD?** We are addicted to comfort and convenience and reject the very notion of obedience.

**What did Mary and Simeon experience when they listened deeply?** They saw the wisdom of GOD

**Why will tomorrow’s study be an EPIC MOMENT in your life?** You will have the opportunity to consecrate yourself and your life to the Eucharist

**LESSON:** Learn to listen deeply to the voice of GOD in your life; surrender to His will more with every passing day

**VIRTUE:** *Obedience: Doing what GOD asks even when you prefer to do something else or think there is a better way; liberates the soul and makes peaceful acceptance possible*

**PRAYER:** *Dear Jesus, please guide me in trusting you and listening to YOU more deeply.*

**TRUST-SURRENDER-BELIEVE-RECEIVE**

**Day 33: Totally Yours** (pgs. 201 – 207)

**What does Totus Tuus mean in Latin?** “Totally yours.” (Motto of Pope John Paul II)

**What type of giving do we witness at every Mass?** Jesus giving His whole self completely and totally to us.

**With this consecration, what are we giving back to Jesus?** We are pledging our whole selves with a radical act of love and generosity to GOD

**How is this act of Consecration an epic moment in your spiritual journey?** We join our “YES” to those of the saints before and among us; we have clarity of commitment; we see what matters most, what is intensely practical and profound.

**What are some of the words you might treasure over the few days, weeks, months and years?**

Answers will vary

**In the poem, The Touch of the Master’s Hand, what is the Lesson Learned?** Everything becomes possible with the Touch of GOD’s Hand

**What is Eucharistic Glory?** “When we pray at Mass, All glory and honor be yours forever and ever. Amen.” (Rev 5:13); the Eucharist is a pledge of our future glory with GOD; every time we receive Jesus in the Eucharist, we touch Heaven with all the angels and saints; Heaven and Earth meet in the Eucharist

## PRAYER of EUCHARISTIC GLORY

Lord Jesus Christ,  
Bread of Life,  
True GOD and True Man,  
The Alpha and the Omega,  
Truly present-Body, Blood, Soul and Divinity-in the Blessed Sacrament,  
I consecrate myself to You today without reservation.

Here I am, Lord.  
I come to do Your will.  
Come and dwell within me.  
Heal my body,  
focus my mind,  
transform my heart,  
and nourish my soul,  
so that I may represent You faithfully in the many situations  
And circumstances of my daily life.

Lord Jesus Christ, truly present in the Eucharist,  
I consecrate myself to You today without reservation.  
I hold nothing back.  
I surrender completely and absolutely to Your goodness.  
I know the plans You have for me:  
Plans for prosperity and well-being,  
Plans for good and not evil,  
Plans that give me hope and a future.

Lord Jesus Christ, truly present in the Eucharist,  
I consecrate myself to You today with reservation.  
I surrender my whole being to Your care.  
I surrender my life, my plans, and my very self to You.  
I place all that I am at Your feet.  
I place all that I have at Your feet.  
Take what You want to take and give what You want to give.

Lord Jesus Christ, truly present in the Eucharist,  
I consecrate myself to You today without reservation.  
Transform me.  
Transform my life.  
I trust in the eternal genius of Your ways.  
I make myself 100 percent available to You.  
Lead me, encourage me, challenge me.  
Show me how I can collaborate with You,  
And I will do what you ask with a joyful heart.

Lord Jesus Christ, truly present in the Eucharist,  
I consecrate myself to You today without reservation.  
Grant me the grace, wisdom, and courage,  
To live justly,  
Love tenderly,  
And walk humbly with You, my GOD,  
All the days of my life.

Angels and Saints,  
Lead me in the ways of the pilgrim,  
So that one day I too may share in Heaven.  
With His blessing and by His grace,  
Bestow upon me your humility, generosity, and devotion,  
And I implore you to carry this prayer to our Eucharistic Lord.

Mary, Mother of Jesus,  
Teach my soul how to receive your Son in the Eucharist,  
And how to represent Him in this world.  
Teach me the surrender and sacrifice that were necessary  
To make the Eucharist possible in this broken world.  
Intercede for me and obtain the grace necessary  
To allow your Son's teaching to penetrate  
The darkest, coldest, hardest parts of my heart,  
So that by receiving Him in the Eucharist  
my heart may become ever more like His Eucharistic Heart.

Amen